



Location

Where seafood is caught can be very important. A species may be sustainably fished in one location, while in another location they are locally extinct.

The sea is split into fishing zones. Each zone has a name and a code associated with it. For example, the Irish Sea zone is also "Division VII a".

See the different fishing zones of the North Atlantic below.

Rating

The rating system of the Good Fish Guide is based off several factors including fishing method, species targeted, fishing location and/or the aquaculture method (for farmed seafood).

Ratings range from 1-5 with 1 being the most sustainable. Sustainable Fish Cities NI encourages businesses to swap to 1-3s, and move away from species rated 5.

Wild-caught

Location: Iceland: All areas

Method: Hook & line (longline)

Certification: Marine Stewardship Council (MSC)

[More info](#)

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Certification

Certification means any independent authority that regulates fishing and determines its sustainability. Not every rating will include this category.

The Marine Stewardship Council (MSC) label is commonly found on "good choice" wild caught seafood. The Aquaculture Stewardship Council (ASC) label is commonly found on "good choice" farmed seafood.

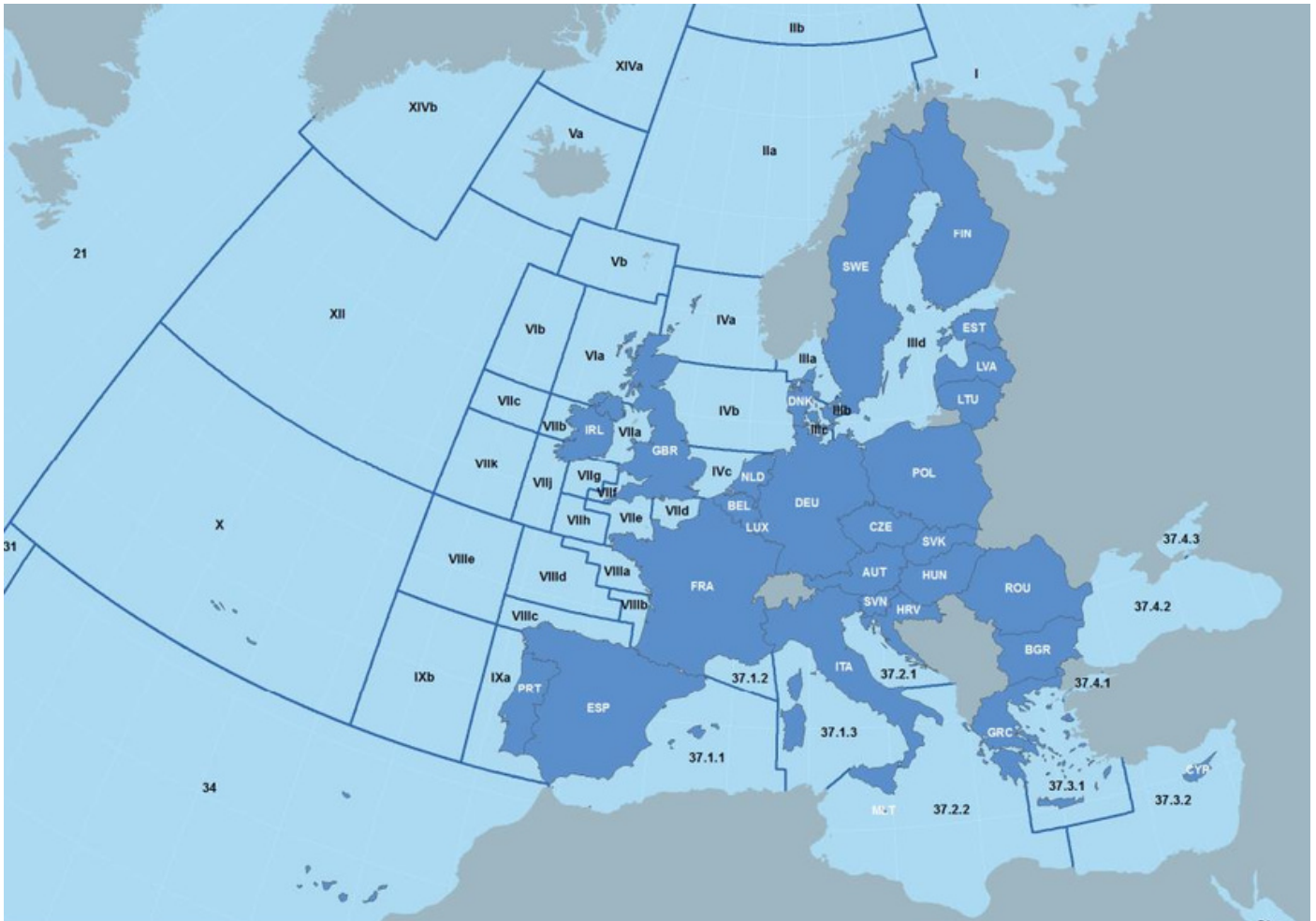
Method

The fishing method is a large factor in overall sustainability. Some fishing methods are unsustainable because they damage the seabed or catch lots of other species. This is called "bycatch".

Similarly, some aquaculture methods are unsustainable. For example, some farms release waste or spread disease.

Learn about fishing methods [here](#).

Learn about aquaculture methods [here](#).



Names of Sub-areas and Divisions of FAO fishing areas 27 and 37

NORTH-EAST ATLANTIC

Subarea I	Barents Sea
Subarea II	Norwegian Sea, Spitzbergen, and Bear Island
Division II a	Norwegian Sea
Division II b	Spitzbergen and Bear Island
Subarea III	Skagerrak, Kattegat, Sound, Belt Sea, and Baltic Sea; the Sound and Belt together known also as the Transition Area
Division III a	Skagerrak and Kattegat
Division III b,c	Sound and Belt Sea or Transition Area
Division III b (23)	Sound
Division III c (22)	Belt Sea
Division III d (24-32)	Baltic Sea
Subarea IV	North Sea
Division IV a	Northern North Sea
Division IV b	Central North Sea
Division IV c	Southern North Sea
Subarea V	Iceland and Faroes Grounds
Division V a	Iceland Grounds
Division V b	Faroes Grounds
Subarea VI	Rockall, Northwest Coast of Scotland and North Ireland, the Northwest Coast of Scotland and North Ireland also known as the West of Scotland

Division VI a	Northwest Coast of Scotland and North Ireland or West of Scotland
Division VI b	Rockall
Subarea VII	Irish Sea, West of Ireland, Porcupine Bank, Eastern and Western English Channel, Bristol Channel, Celtic Sea North and South, and Southwest of Ireland - East and West
Division VII a	Irish Sea
Division VII b	West of Ireland
Division VII c	Porcupine Bank
Division VII d	Eastern English Channel
Division VII e	Western English Channel
Division VII f	Bristol Channel
Division VII g	Celtic Sea North
Division VII h	Celtic Sea South
Division VII j	South-West of Ireland - East
Division VII k	South-West of Ireland - West
Subarea VIII	Bay of Biscay
Division VIII a	Bay of Biscay - North
Division VIII b	Bay of Biscay - Central
Division VIII c	Bay of Biscay - South
Division VIII d	Bay of Biscay - Offshore
Division VIII e	West of Bay of Biscay
Subarea IX	Portuguese Waters
Division IX a	Portuguese Waters - East
Division IX b	Portuguese Waters - West
Subarea X	Azores Grounds
Subarea XII	North of Azores
Subarea XIV	East Greenland
Division XIV a	North-East Greenland
Division XIV b	South-East Greenland

MEDITERRANEAN AND BLACK SEA

Subarea 37.1	Western Mediterranean
Division 37.1.1	Balearic
Division 37.1.2	Gulf of Lions
Division 37.1.3	Sardinia
Subarea 37.2	Central Mediterranean
Division 37.2.1	Adriatic
Division 37.2.2	Ionian
Subarea 37.3	Eastern Mediterranean
Division 37.3.1	Aegean
Division 37.3.2	Levant
Subarea 37.4	Black Sea
Division 37.4.1	Marmara Sea
Division 37.4.2	Black Sea
Division 37.4.3	Azov Sea